# **Declaration crew instructions**

1. The skipper gave me the **Safety instruction shooting & hauling fishing gear** and discussed it with me. I understand the dangers and know what to do to work safely when shooting & hauling fishing gear.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction lifting work** and discussed it with me. I understand the dangers and know what to do to work safely during lifting work.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction catching explosives** and discussed it with me. I understand the dangers and know what to do to work safely when an explosive is caught.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction sorting & processing the catch** and discussed it with me. I understand the dangers and know what to do to work safely when sorting and processing the catch.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction working at heights** and discussed it with me. I understand the dangers and know what to do to work safely at heights.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction electrical installations** and discussed it with me. I understand the dangers and know what to do to work safely on electrical installations.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper discussed the importance of performing a **recurrent check**. I understand how often I need to check which parts and how I can judge when a part is not satisfying demands and needs to be replaced.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction Hazardous Substances** and discussed it with me. I understand the dangers and know what to do to work safely with hazardous substances, know how to store them safely and what possible dangers are.

□Yes □No □Not applicable, because ……………………………………………………………

1. I am aware of the dangers of **refrigerants (including CFC’s, Freon)** and know how to act in case of a emergency/calamity and during release of these dangerous compounds.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me the **Safety instruction physical strain** and discussed it with me. I understand the dangers and know that I am allowed to only lift a maximum of 23 kilos. I will ask a colleague to help or use lifting aids for heavier loads. This prevents working in a prolonged incorrect posture.

□Yes □No □Not applicable, because ……………………………………………………………

1. I am familiar with the **duties, powers and responsibility of myself and the other crew**.

□Yes □No □Not applicable, because ……………………………………………………………

1. I know who the **designated person** is that I can turn to for stress, bullying, sexual harassment or discrimination on board.

□Yes □No □Not applicable, because ……………………………………………………………

1. I know who to report to in case of **illness or recovery**.

□Yes □No □Not applicable, because ……………………………………………………………

1. I know that I should **report (near) accidents** and I know how to.

□Yes □No □Not applicable, because ……………………………………………………………

1. I read all **safety instructions** mentioned below and know how to act in case of an emergency/calamity

* Crew member overboard
* Hypothermia
* Collision/sinking

1. I know the rules regarding **smoking, alcohol & drugs** and I will abide by them.

□Yes □No □Not applicable, because ……………………………………………………………

1. I have access to the **personal protective equipment below,** and I know when I should use them:
   * Safety shoes
   * Safety glasses
   * Wading suit/fishers suit
   * (work)Gloves
   * Overalls
   * (Safety)helmet
   * Air cap
   * Connecting work clothes
   * Fall protection
   * Hearing protection
   * Survival suit
   * Exoskeleton
   * Life vest
2. I will **talk to my colleagues** if they cause a dangerous situation or if they do not wear the correct personal protective equipment.

□Yes □No □Not applicable, because ……………………………………………………………

1. The skipper gave me a tour of the ship and discussed the **dangers on board** with me. I understand the dangers and know what to do to work safely on board.

□Yes □No □Not applicable, because ……………………………………………………………

1. I know which **life-saving equipment** is available, where they are, how to use and maintain them.

□Yes □No □Not applicable, because ……………………………………………………………

1. I am familiar with the **RIE and the accompanying action plan** and documentation.

□Yes □No □Not applicable, because ……………………………………………………………

Date:

Name:

Signature: